

those things help, but there's no one Others spend their days teaching formula. The only exact common-indoors on simulators. > Here we will alities of the instructors on this list reveal their names and give you a are that they're all under 40, and taste of their abilities as some of them they all have a real knack for making share quality practice tips. These are golfers better. ▶ In 2008, when our Golf Digest's Best Young Teachers.

HAT DOES IT TAKE biennial list debuted, we identified 20 to be one of the Best teachers in their 20s and 30s who Young Teachers in were worthy of recognition. Our latest America? Golf knowl- group of winners stands at 160, and edge? People skills? their teaching locations stretch from Influence on social Hawaii to New Hampshire. Some media? Long hours coach at exclusive places such as on the range? Sure, Baltusrol and L.A. Country Club.

BEST YOUNG TEACHERS IN AMERICA 2023-2024

NORTHEAST

AARON ASEDO / 37 Knickerbocker C.C., Tenafly, N.J. \$200/HR.

JASON BARRY / 35 Springdale G.C., Princeton, N.J. \$150/HR.

NICK BOVA / 37 Hamilton Farm G.C., Gladstone, N.J. \$240/HR.

DAVID BOVE / 36 Tashua Knolls G. Cse.. Trumbull, Conn. \$300/HR.

STEVEN CHALMERS / 38 Saucon Valley C.C., Bethlehem, Pa. \$160/HR

SCOTT CHISHOLM / 37 Rolling Green G.C., Springfield, Pa. \$185/HR

STEPHEN CLARK / 37

Clark Golf and Athletic Co., Southampton, N.Y. \$250/HR.

JOANNA COE / 33 Merion G.C.. Ardmore, Pa. \$150/HR.

ERIC COGORNO / 34* Bethlehem (Pa.) G.C. \$300/HR.

EARL COOPER / 33 Earl Cooper Golf, New York City \$250/HR. **ADDISON CRAIG / 32**

The Bridge G.C., Bridgehampton, N.Y. \$240/HR.

BRYAN DOUGHERTY / 36* Hollywood G.C., Deal, N.J. \$200/HR

MIKE DOYLE / 36* Five Iron Golf, New York City \$200/HR.

GREG DUCHARME / 31 Michael Breed Golf Academy, Greenwich, Conn. \$300/HR.

DARREN FALK / 39 Holly Ridge G.C., Sandwich, Mass. \$130/HR

JUSTIN FOSTER / 37 Ridgewood C.C.. Danbury, Conn. \$130/HR.

MARIO GUERRA / 38 Quaker Ridge G.C., Scarsdale, N.Y. \$250/HR.

BRIAN GUSSIS / 38 GolfTec Woodbridge, Metuchen, N.J. \$250/HR.

RYAN HAGER / 29 Plainfield C.C.. Edison, N.J. \$225/HR.

JENNIFER HUDSON / 38 Sankaty Head G.C., Siasconset, Mass. \$250/HR.

NICK IACONO / 34 Chester Valley G.C.,

Malvern, Pa. \$175/HR. MICHAEL LABELLA / 33

Nemacolin Resort. Farmington, Pa. \$200/HR

CJ NAFUS / 32 Roxiticus G.C., Mendham, N.J. \$160/HR.

NICK NOVAK / 37 The Golf Performance Center, Ridgefield, Conn. \$250/HR.

JORGE PARADA / 38 Liberty National G.C., Jersey City, N.J. \$350/HR.

RICO RICIPUTI / 35 Coach Club, North Hampton, N.H. \$150/HR

PAUL SELVAGGIO / 39 Westchester C.C., Rye, N.Y. \$150/HR.

STEFANIE SHAW / 35 Sebonack G.C., Southampton, N.Y. \$180/HR

STEPHEN SIERACKI / 36 The Legacy C. at Woodcrest, Cherry Hill, N.J. \$200/HR.

TYLER SLOCUM / 30 Fresh Meadow C.C., Lake Success, N.Y. \$200/HR.

MICHAEL SWEENEY / 36 The Bridge Golf Learning Center, New York City \$300/HR.

DAVID TARASCHI / 34 Burlington C.C., Mount Holly, N.J. \$200/HR.

JT THOMAS / 31* Dollar Bill Divot Club, New York City \$200/HR.

MARK WALDER / 39 DiJulia Golf. New Hope, Pa. \$175/HR.

MATT WILSON / 37 Baltusrol G.C. Springfield, N.J. \$220/HR.

MID-ATLANTIC

ANDREW BREWER / 29 Bayville G.C., Virginia Beach, Va. \$125/HR

GAYLON CUDE / 35 Golf House Tennessee. Franklin, Tenn. \$150/HR.

ROB FAILES / 28* Birdwood G. Cse. at Boar's Head Resort, Charlottesville, Va. \$125/HR.

MATT KILLEN / 37 Troubadour G. & Field Club. College Grove, Tenn. \$1,000/HR.

CATHY KIM / 36 Baltimore C.C., Lutherville, Md. \$190/HR.

MITCHELL MOORE / 35 Mitchell Moore Golf Academy, Hopkinsville, Ky. \$100/HR.

* = NEW THIS YEAR FEBRUARY 2023 GOLF DIGEST 69



Straighten vour curveballs with vour hands

BY GREG DUCHARME

The same features built into hybrids to help average players get shots airborne and avoid slicing can induce hard hooks for better players. This drill can help you take the left side out of play. Take a medium-sized ball and hold it in front of you with your hands on either side. Having your hands separated will make it easier to feel where they are relative to each other. Now make a backswing and get your lead hand on top of the ball (above).

Do the same in your swing and your lead arm will be higher and the face will be in a square or slightly open position. The more you exaggerate the lead hand on top, the more you'll promote a fade. If you're a slicer, set your trail hand at the top so your palm is facing away from you—like a free-throw shooter. That promotes a closed clubface.

GREG DUCHARME teaches at the Michael Breed Golf Academy in Greenwich, Conn. **DANIEL NEBEN / 34**

TPC Potomac (Md.) at Avenel Farm \$200/HR.

RUSHI OZA / 36

Highland Creek G.C., Charlotte \$90/HR.

GAVIN PARKER / 30

Salisbury C.C.. Midlothian, Va. \$185/HR.

BEN PELLICANI / 38

50/50 Golf Club, Brentwood, Tenn. \$175/HR.

BRIAN ROGISH / 38

The G.C. at Lansdowne, Leesburg, Va. \$175/HR.

BILL SCHMEDES III / 37

Mastery Golf Performance, Hilton Head Island \$250/HR.

DVAN SMITH / 38

Marc Lapointe Golf Academy, Fort Mill, S.C. \$120/HR.

BLAKE THOMAS / 36*

Congressional C.C., Bethesda, Md. \$150/HR.

COLBY WOLLITZ / 36

Hurstbourne C.C., Louisville \$250/HR

TJ YEATON / 34

Belle Meade C.C.. Nashville \$200/HR.

SOUTHEAST

DAVID ANGELOTTI / 33

Sea Island G.C..

St. Simons Island, Ga. \$245/HR.

CHRISTOPHER ARDOLINA / 37 Cove Cay G.C.,

Clearwater, Fla. \$120/HR.

CHRIS BIGGINS / 30

The C.C. of Birmingham (Ala.),

MEGAN PADUA BUZZA / 37

Bonita Bay C.,

Bonita Springs, Fla. \$220/HR

STEVE BUZZA / 36

Bonita Bay C., Bonita Springs, Fla. \$220/HR

DAN CARRAHER / 38

Dan Carraher Golf Academy, St. Augustine, Fla. \$200/HR.

CODY CARTER / 34

Druid Hills G.C. Atlanta \$165/HR

PRESTON COMBS / 33

Preston's Putting, Kissimmee, Fla. \$270/HR.

JOE COMPITELLO / 37

Indian Creek (Fla.) C.C. \$200/HR.

RYAN CRAWLEY / 30*

Ryan Crawley Golf, Lowell, Ark. \$125/HR

BRIAN CREGHAN / 35

Pine Tree G.C.,

Boynton Beach, Fla. \$250/HR.

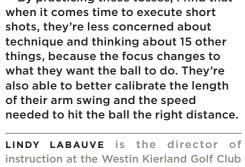
Hit your pitches like you're tossing a ball

Growing up, I played softball and a number of other sports, which I use to cross-train my students so they have a better understanding of the swing and feel required to hit certain shots. Take a soft pitch shot. Unlike a full swing, it requires more finesse than speed. I'll have students take a golf ball and toss it underhand at the flagstick (below). I ask them to picture the ball flight, where they want the ball to land, and how much it rolls out. I also have them note what their throwing hand is doingit should be more quiet and not flip

much, just like when hitting a pitch shot.

By practicing these tosses, I find that when it comes time to execute short shots, they're less concerned about technique and thinking about 15 other things, because the focus changes to what they want the ball to do. They're also able to better calibrate the length of their arm swing and the speed needed to hit the ball the right distance.

in Scottsdale.



Palmira G.C., Bonita Springs, Fla. \$120/HR. SARA DICKSON / 35 Wilderness C.C.. Naples, Fla. \$120/HR.

JESSICA DICKSON / 39

TAYLOR CROSBY / 39*

Estero, Fla. \$160/HR.

STEVEN DEBOER / 33

MATT DEJOHN / 32

Hanceville, Ala, \$120/HR

Matt DeJohn Golf Academy, Port St. Lucie, Fla. \$300/HR.

\$200/HR.

West Bay C.,

The Kingdom at Reynolds

Lake Oconee, Greensboro, Ga.

KATIE DETLEFSEN DAHL / 34

Steven DeBoer Golf Academy.

KATIE DIXON / 39

St. Andrews C.C., Boca Raton, Fla. \$120/HR.

ALEX FERNANDEZ / 31 Jim McLean Golf School

at the Biltmore Miami, Coral Gables, Fla. \$195/HR.

MORGAN HALE / 33* Dewsweepers Downtown, Mobile, Ala, \$125/HR.

JACKSON KOERT / 32 Atlantic Beach (Fla.) C.C., \$150/HR.

JASON KUIPER / 37* Grand Slam Golf Academy at Bobby Jones G. Cse., Atlanta \$200/HR.

STEVE LIPPINCOTT / 38 GolfTec Carrollwood, Tampa, Fla. \$175/HR

MATT MCLEAN / 38 The Concession G.C.. Bradenton, Fla. \$200/HR.

BRETT MEYER / 37

Golfzon Leadbetter Academy HQ Reunion (Fla.) \$250/HR

JOHN MONTGOMERY / 32 Celebration (Fla.) Golf Academy \$200/HR.

RENEE O'HIGGINS / 39 Quail West G. & C.C.. Naples, Fla. \$170/HR

JOE OSTROWSKI / 37 The Concession G.C.. Bradenton, Fla. \$165/HR.

CARLA OVERHISER / 35 John Webster Golf Academy at The Breakers, Palm Beach \$275/HR.

JAKE PLECZKOWSKI / 36 Naples (Fla.) National G.C. \$150/HR.

OLIVER POLLAND / 30* Jim McLean Golf School at the Biltmore Miami. Coral Gables, Fla. \$300/HR.

FEBRUARY 2023 GOLF DIGEST 71

BY LINDY LABAUVE

PHOTOGRAPHS BY J.D. CUBAN





Learn to skim, not dig, in greenside bunkers BY MATT WILSON

As you probably

know, the goal in a greenside bunker isn't to hit the ball; it's to swing through the sand under the ball. If you understand that concept, you're off to a good start in getting the ball on the green. But nearly as important is understanding how deep your club needs to travel through the sand under the ball. The answer? Not much. You want your wedge to skim the sand as you swing through impact. Any deeper than that—a common amateur issue-and you'll struggle to control the force of the shot and the distance the ball travels.

Here's a three-part drill to improve your sand shots. First, stick a tee in the sand so half of it is submerged. Then make swings trying to clip the tee. Next, place a ball on a tee that's submerged in the sand (left). Now try to clip the tee under the ball, which will pop the ball out like a bunker shot. The final step is to place a ball in the sand and imagine there still is a tee under it. Hit shots trying to clip that imaginary tee out from under the ball. This will give you a great feel for how to let your wedge glide-and not digthrough the sand. You can even take this swing thought to the course.

MATT WILSON is the director of instruction at Baltusrol Golf Club in Springfield, N.J.



Toss your slice in a bucket

BY DAN CARRAHER

My teaching philosophy is that whoever is doing the work is the one who's learning. Instead of prescribing drills that help steer my students into the correct positions, I choose ones that force them to work harder to get into the right spots. I use resistance to create awareness of what their bad tendencies are, so they're more incentivized to fix them. That's how the fastest learning is done.

For my slicer students who struggle with an overly flat, inside takeaway, I place an empty range bucket over the top of their clubhead. As they make practice backswings, the weight of the basket discourages them from pulling

the clubhead to the inside. If they do that, they're going to dump the bucket. To keep it in place, you need to rotate your forearms less during the takeaway and keep the clubhead and bucket just in front of your hands on a more vertical plane (above).

If you normally whip the club inside, this drill will be difficult at first. Once you get it, the club should feel lighter and easier to swing when you go back to hitting shots. You will be in a better position to swing down from inside the target line and avoid a slice.

DAN CARRAHER runs the Dan Carraher Golf Academy in St. Augustine, Fla.

JASON SEDAN / 37 Old Marsh G.C., Palm Beach Gardens, Fla. \$350/HR

JUSTIN SHEEHAN / 37Pelican G.C.,
Belleair, Fla. \$200/HR.

NATHALIE SHEEHAN / 29* Vinoy G.C., St. Petersburg, Fla. \$150/HR.

ERICA STONER / 25*
Raleigh (N.C.) C.C.
\$175/HR.

ALANA SWAIN / **34**PGA Tour Performance Center at TPC Sawgrass,
Ponte Vedra Beach \$225/HR.

DEREK SWOBODA / 34*Ocean Reef C.,
Key Largo, Fla. \$175/HR.

BRANDO TOMMASI / 39 Jim McLean Golf School at Miami Beach (Fla.) G.C. \$250/HR.

GRAYSON ZACKER / 37 Jim McLean Golf School at the Biltmore Miami, Coral Gables, Fla. \$300/HR.

MIDWEST

GREG BARESEL / 38 Cantigny G., Wheaton, III. \$140/HR.

GARY BISSELL / 33 The Meadows G. Cse., Allendale, Mich. \$120/HR.

TIM BOEGH / 38
GolfTec Madison (Wisc.)
\$165/HR.

MOLLY BRAID / 35 Westmoor C.C., Brookfield, Wisc. \$150/HR.

LUKE DONAH / 29Cedar Rapids (Iowa) C.C. \$150/HR.

ADAM FARABAUGH / 36 C.C. of Detroit, Grosse Pointe Farms, Mich. \$150/HR.

MAUREEN FARRELL / 35 Oakwood C.C., Kansas City, Mo. \$200/HR.

MITCH FARRER / 31*
The Golf Room,
Dublin, Ohio \$195/HR.

RICHARD FRANKLIN / 39 Deerpath G. Cse., Lake Forest, III. \$175/HR.

CHRIS GREEN / 36 Glen View C., Golf, III. \$195/HR.

COURTNEY MAHON / 39 Falcon Ridge G.C., Lenexa, Kan. \$150/HR.

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Take the fear out of shots over water

BY JOHN MONTGOMERY

I get it. When you have to carry a water hazard, it's hard to turn your brain off and not think about all of the previous times you drowned your golf ball. You might even resort to grabbing a "water-hole ball" as a precaution.

The reality is, those who revisit failures in their mind are doomed to repeat them. You need to change the script and send your brain a different message. The next time you're on the practice tee, imagine there's a water hazard between you and whatever target you choose (below). Stand directly behind your ball, and pick a target off in the distance. (If you're

someone who likes to curve the ball, choose a starting point and a finishing point.) Now visualize the trajectory and shape of the shot over and over until it's perfectly clear. Once you address the ball, spend no more than five seconds over it before swinging away.

Work on this routine again and again with the goal of visualizing the desired outcome. Fairly soon the process of carrying a hazard will be easier than you could ever imagine, and you can chuck those water-hole balls for good!

JOHN MONTGOMERY teaches at the Celebration (Fla.) Golf Academy.



JOE MEGLEN / 38*

Stonewater G.C., Highland Heights, Ohio \$140/HR.

CHAD MIDDAUGH / 38 Muirfield Village G.C.,

Dublin, Ohio \$100/HR.

PATRICK MILKOVICH / 28*

Canterbury G.C., Beachwood, Ohio \$140/HR KYLE MORRIS / 37

The Golf Room,
Dublin, Ohio \$400/HR

CLAYTON PENDERGRAFT / 28* Cog Hill G. & C.C., Lemont, Ill. \$90/HR.

EVA ROGERS / 34 Medinah (III.) C.C. \$155/HR.

JOE SHEREN / 36* Smart Golf & Fitness Instruction, Chicago \$200/HR.

TJ SULLIVAN / 38
GolfTec Oak Brook (III.)
\$250/HR.

SAM VOSLER / 34*
Sanford Sports Golf Academy,
Sioux Falls, S.D.
\$125/HR.

SOUTHWEST

JEREMY ANDERSON / 39

Legacy Golf Performance Center, Phoenix \$300/HR.

JONATHAN BUCHANAN / 38 Dallas C.C. \$200/HR.

JOSEPH DICHIARA / 39 Ancala C.C., Scottsdale \$200/HR.

NICK DUNN / 34

Altus Performance at Old American G.C., The Colony, Texas \$200/HR.

ADRIAN KELLEY / 34* Slicgolf, Mansfield, Texas \$125/HR.

JUSTIN KLEMBALLA / 35 Forest Highlands G.C., Flagstaff, Ariz. \$135/HR.

JOHN KOSTIS / 35 Grayhawk G.C., Scottsdale \$195/HR.

MIKE KRAHE / 36*
Tour Striker Golf Academy at Raven G.C.,
Phoenix \$165/HR.

LINDY LABAUVE / 34
The Westin Kierland G.C.,
Scottsdale \$150/HR.

ANDREW LEWIS / 38
Altus Performance
at Old American G.C.,
The Colony, Texas \$200/HR.

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Pivot like a pro

BY JARUT PADUNG

While it's important for me as a teacher to guide you through the right positions, it's just as vital that you understand how to move your body to get in those spots. Without fluid dynamics, you'll get stuck or tend to get to the right positions too slowly.

I use the following drill with golfers who struggle with the proper sequencing of the swing. First, grab a club and address a ball with an alignment stick under your trail foot's heel (right heel for righties). Lift the clubhead over the ball and swing it forward about a foot toward your target (top photo, above).

Now make a backswing while applying pressure on the stick with your trail foot. Finally, shift pressure back into your lead foot as you swing down and hit the ball.

Why start with the club in front of the ball? It adds some flow to your swing. You're more likely to make a fuller, deeper hip turn, and it makes it easier to shift into your lead foot in the downswing. When your swing is more fluid, you can increase your clubhead speed with a lot less effort.

JARUT PADUNG teaches at McCormick Ranch Golf Club in Scottsdale.

COREY LUNDBERG / 39

Altus Performance at Trinity Forest G.C., Dallas \$250/HR.

KENNETH MESIMER / 36

Lakeside C.C., Houston \$130/HR.

CLIFF MISHLER / 34

Stonebridge Ranch C.C., McKinney, Texas \$175/HR.

ASHLEY MALASKA MOSS / 32

Malaska Golf, Mesa, Ariz. \$200/HR.

PAXTON O'CONNOR / 31

Desert Mountain C., Scottsdale \$250/HR.

JARUT PADUNG / 34

McCormick Ranch G.C., Scottsdale \$150/HR.

ANDY PATNOU / 34

Starfire G.C., Scottsdale \$225/HR.

RYAN RODY / 37

Southern Hills C.C., Tulsa \$200/HR.

KAYLIN SKOVRON / 35

Jeff Isler Golf, Southlake, Texas \$170/HR.

HENRY STETINA / 36

Red Hawk G.C., Las Cruces, N.M. \$150/HR.

JJ WOOD / 38

Hal Sutton Golf Academy, Houston \$195/HR.

BRIAN ZEIGLER / 35

Dallas National G.C. \$450/HR.

WEST

ZACH ABELS / 37*

Canyon Springs G. Cse., Twin Falls, Idaho \$75/HR.

JOHN BATTAGLIA / 37

PGA West Golf Academy, La Quinta, Calif. \$200/HR.

KEITH BENNETT / 31*

The G.C. at Newcastle (Wash.) \$250/HR.

MARIO BEVILACQUA / 33

TPC Summerlin, Las Vegas \$300/HR.

BRANDON BITTNER / 36*

Golf Schools by Golf Made Simple, Palm Desert, Calif. \$185/HR.

DEVAN BONEBRAKE / 37

Beach City G.C., Hermosa Beach, Calif. \$300/HR.

ALEXANDRA BRAGA / 38

Denver C.C. \$150/HR.

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Cash in on your putts

BY ALANA SWAIN

Feedback and consistency—
those are my two buzzwords
for practice. Without feedback, how
are you going to know if you're doing
something right? You can make a notso-good swing on the range and still hit
a good shot. For lasting improvement,
you need to practice with feedback.

One putting exercise with tons of feedback is this drill using tees. Get yourself some two-toned balls or color one side on some white ones. Set up about six feet from a hole and stick two tees in the turf on either side of the ball, slightly wider than the width of your putter. Practice hitting the center of the face without hitting either tee, which produces an end-over-end roll

with almost no sidespin or wobble. The two-toned ball will help you see this steady movement. Next, add a tee 12 inches behind the ball to help control the length of your backswing. Finally, form a narrow gate along your starting line and see if you can roll the ball pure through the gate (below). Move around the hole repeating the drill, so you can experience different breaks.

If you're able to get the ball rolling end over end without hitting the five tees, you'll build a reliable stroke that starts the ball on the line you choose.

ALANA SWAIN teaches at the PGA Tour Performance Center at TPC Sawgrass in Ponte Vedra Beach.



JARED BUTTS / 36

Will Robins Golf, Folsom, Calif. \$150/HR.

BRYAN COLLINS / 33*
GolfTec Englewood (Colo.)
\$400/HR.

TANYA DERGAL / 38 Brentwood C.C., Los Angeles \$160/HR.

STEFANIE FERGUSON / 35 Experience Golf at Common Ground G. Cse., Aurora, Colo. \$140/HR.

MATT HENDERSON / 37 TPC Las Vegas \$175/HR.

AYUMI HORI / 37 Balboa G. Cse., Encino, Calif. \$175/HR.

JON HORNER / 37 Menlo C.C., Woodside, Calif. \$200/HR.

JAKE HUTT / 34*
Dryvebox,
San Francisco \$250/HR.

BLAKE JIRGES / 31*
Coto de Caza (Calif.)
G. & Racquet C. \$180/HR.

KYLE KUNIOKA / 37Mid-Pacific C.C.,
Kailua, Hawaii \$150/HR.

JON MCLEAN / 36 The Club at 3 Creek, Jackson, Wyo. \$175/HR.

NATHAN MORRIS / 39
GolfTec Westminster (Colo.)
\$220/HR.

ANDREW NAVARRO / 36 The Club at 3 Creek, Jackson, Wyo. \$175/HR.

TRAVIS OLSON / 36Rock Creek Cattle Company,
Deer Lodge, Mont. \$140/HR.

JAMIE PUTERBAUGH / 38 Aviara Golf Academy, Carlsbad, Calif. \$195/HR.

JON SCHOEPF / 30 Rolling Hills C.C., Rolling Hills Estates, Calif. \$250/HR.

KEVIN SHIMOMURA / 39Ko Olina Golf Academy,
Kapolei, Hawaii \$140/HR.

DREW STECKEL / 36Southern Highlands G.C., Las Vegas \$350/HR.

RORY SWEENEY / 31*
Los Angeles C.C. \$140/HR.

JORDAN KING THOMAS / 39 Rick Smith Golf Academy, Rancho Palos Verdes, Calif. \$225/HR.

JAKE TOLIVER / 32 Los Angeles C.C. \$160/HR.

MICHELLE WINKLER / 32 California State University Northridge \$200/HR.

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